

Copy for KIDS Social Media:

Image 1: God doesn't want us or our kids to live in the madness of life. He wants us to live in the peace that He offers. If we can learn to do that, we can step more into being the parents we all want to be and the parents our kids need us to be.

Image 2: "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." – Philippians 4:6-7

Image 3: As parents, we all want to have a healthy, sustainable pace of life that doesn't overwhelm us and doesn't suck the life out of our family. We also want our kids to develop the skills they need to have a healthy, sustainable pace of life that doesn't overwhelm them in the future.

Image 4: As parents, we can lose our focus when it comes to being great parents and offering our kids what they really need. We lose focus by developing an unhealthy pace of life that drains us and leads us, as adults, to a place of fear and worry, and anxiety. When we do this, we fail to teach our kids that they don't have to live in the madness; they don't have to settle for a chaotic pace of life and a cluttered brain and heart.